

One-off Grant for Mental Health at School (Report 23-24)

Budget Report (23-24)

Name: One-off Grant for Mental Health at School
Total Granted Amount: \$60,000.00
Available Period: Until 31 Aug 2025
Reference: <https://applications.edb.gov.hk/circular/upload/EDBCM/EDBCM23216E.pdf>
Status: One-off
Remaining Amount: \$60,000.00

	Date	Items / Activities	Purposes	Used Amount
Guidance	16/01/2024	Guidance Week (Ice-Cream 400 cups)	Reduce stress and anxiety: Implement activities that help participants manage and lower their stress and anxiety levels effectively.	\$5,200.0
	13/03/2024	Guidance Week [Stationaries (Heart shape memo, printing stamp cards, etc)]	Promote emotional well-being: Foster activities that enhance participants' overall emotional health and resilience.	\$2,424.3
	19/03/2024	Guidance Week (Stamp)	Support mental health education: Provide comprehensive education on mental health topics to increase awareness and reduce stigma.	\$95.6
	20/03/2024	Guidance Week (Mosaic workshop)	Foster mindfulness and relaxation: Introduce practices that help participants achieve a state of mindfulness and relaxation.	\$4,000.0
	18/05/2024	Stand by Me (Day Camp)	Provide peer support: Facilitate group activities that allow participants to support and learn from each other.	\$1,400.0
	15/04/2024	Thank you card (e-print)	Boost self-esteem: Engage participants in activities that help them build confidence and a positive self-image.	\$1,888.0
			a). Total Amount used by Guidance:	\$15,007.9
SU	21/03/2024	S6 Last day (Stationaries)	Encourage positive thinking: Implement activities that promote a positive mindset and help participants focus on their strengths.	\$1,264.5
			b). Total Amount used by SU:	\$1,264.5
Others				
			c). Total Amount used by other units:	\$0.0
			Total Amount Used (a + b + c):	\$16,272.4
			Carried Forward to 24-25:	\$43,727.60