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CHAIRPERSON'S MESSAGE

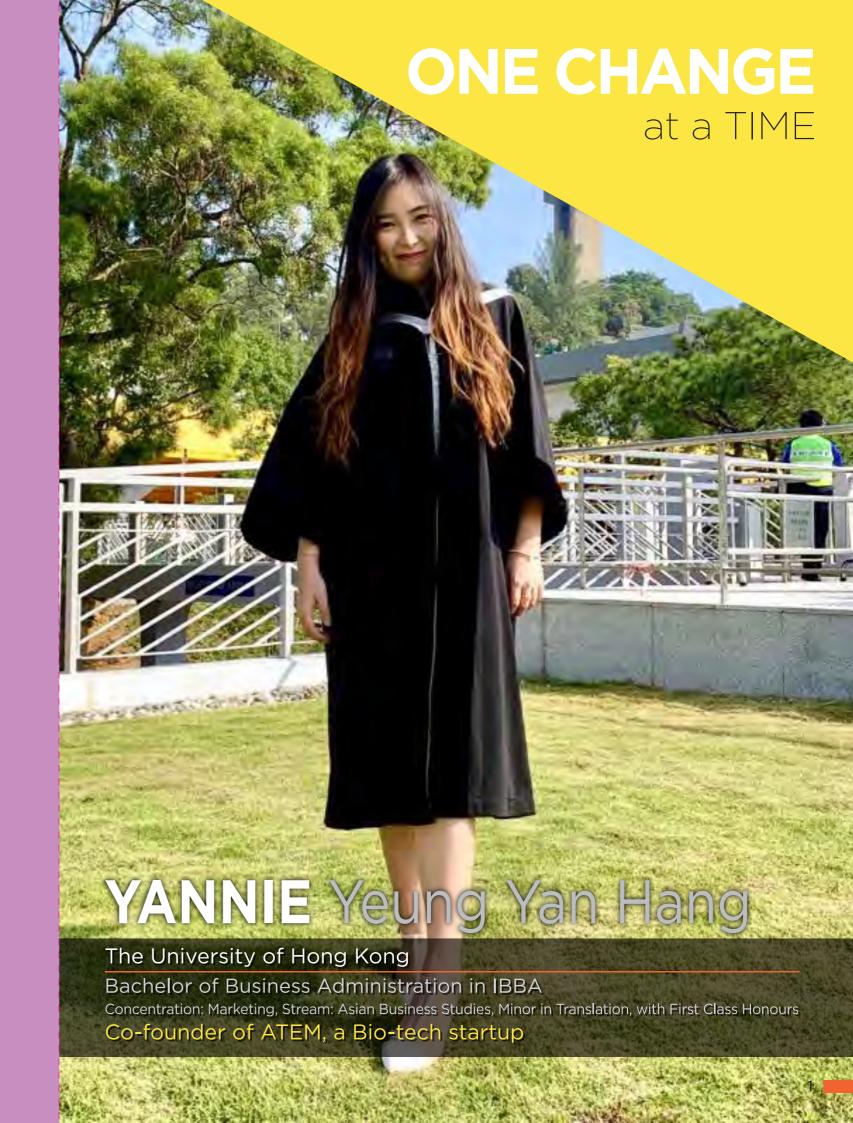
It is always my greatest honor to share my thoughts and gains here with you. Time flies, it has been three years since I left HLC. Being the Acting Chairman of the HLC Alumni Association has been my pleasure as I can be part of the school again. Though my role is way different now, I am glad that I can be part of the team, providing supports to my schoolmates and HLCians.

Spending six years here seemed to be a long way. However, when I look back now, everything is just a blink of an eye. Life is always full of contradictions. When we were young, we wanted to grow up as quickly as possible. But if you ask me right now, I definitely wish to go back to the days in HLC, when all the memories are rewarding and precious.

After graduated from HLC, we always seek the opportunities to utilize our professions and help our Alma Mater. As the Acting Chairman of the HLC Alumni Association, I will try my best to build a bridge between graduates and present HLCians. Together with our Principal, teachers, parents and students, I believe HLC could become a rosier place, full of joy and success.

Szeto Yuk Ying

Acting Chairperson of the 1st HLC Alumni Association Graduate of 2017



annie graduated from HLC in 2014, and is now starting her bio-tech business with 3 other co-founders from MIT, Starting your own business and keep moving forward with the momentum is extremely exciting; however, people often overlook the challenges come along in the journey

6 Guestions on test papers usually have a model answer, but that is not the case in real life.

The biggest challenge Yannie faces at work is how to deal with uncertainties comfortably. "Contrary to secondary school where I only had to deal with questions on the test papers which most probably had model answers, it really is not the case in real life, let alone the volatile changes that happen every day in any possible scenarios."

However, she has come to realize that it does not hurt to make mistakes. "If you overthink and do not implement any of your plans, you will end up achieving nothing because of your anxiety."



A strong foundation for me to my studies or work.

Talking about anxiety, what Yannie worried most when she joined HLC was her English ability compared to her classmates' English ability because her primary school used Chinese as the primary teaching language in all classes. "There was a bit of catching up when I first started classes at HLC and I was often shy to communicate in English, whether in casual occasions or in class.

Nonetheless, thanks to the encouragement from Ms. Peggy Chau and Ms. Sammy Ming, Yannie took the initiative to join the Public Speaking and Debate Team in hopes of dealing with her insecurities. It was rough at the beginning but her confidence grew gradually, especially in situations when she needed to share opinions and presented ideas in a more open environment."

Through the process of preparing debate tournaments, Yannie developed her research skills and logical thinking, which she deems the most essential skills for anyone who wishes to succeed in either the academic context or workplace. The skills she mentioned are, unsurprisingly, immensely useful even after she graduated from HLC. "What I learnt in HLC has undeniably developed a strong foundation for me to tackle problems I face in my studies or work. I am still extremely grateful until this day from my experience being involved in the Public Speaking and Debate Team since it made me a rather well-rounded person from analyzing issues, developing my thoughts, to presenting myself."

Growing and maintaining a become vital.

"When I was in HLC, I was very academically oriented." However, when Yannie started working, there have been so many other things that she has to handle other than her routine tasks, for instance, interacting with colleagues and clients.

"When I found my start-up, ATEM, with three other MIT students, I had to work with people from all walks of life. With that said, I have noticed that I have become more accommodating in adapting different

JOURNEY to the FUTURE

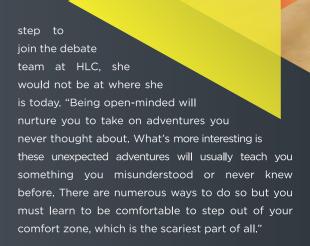
cultures and environments,"

Yannie always believes that it is not about what you possess, but ultimately, what you give back to the community. "Among all my interests, I have always been passionate about the educational, technological and medical fields. I am devoted to contributing in these spheres in the

MESSAGE for HLCians

Yannie's goal had been clear since S3: to get into a university. She thinks that it is a personal choice if one wants to do so or not, but since she was unsure of what kind of a career path she would like to pursue in the long run, she reckoned attending college could be a good way to figure it out. "The stress, and most probably, expectations from loved ones could make you feel lost and pressured now." But do not worry, it is absolutely normal. Even though I have graduated from college, my friends and I feel this way at times too." What's most important is that, you move forward and try different things with your best effort. Going to university will open many doors for you because you get to try things out, fail and try again. "Therefore, do not lose yourself even when you are suffering from setbacks, and always remember perseverance is key, no matter what you do in life."

When Yannie first entered HLC, she was reluctant to try new things or see things in a different perspective. Nevertheless, if she had never taken the



External titles do not define who you are.

YouTube

Never think that you are inferior to anyone. You are going to meet people who may have graduated from better schools, from a more "prestigious" major or from a richer family, etc. However, all these external titles do not define who you are; instead, your qualities that enable you to accomplish your goals will. Ultimately, the only person you are competing against is yourself, so never underestimate yourself.

Always set a higher goal for yourself. "Shoot for the moon. Even if you miss, you'll land among the stars." Hope for the best but prepare for the worst. Do not let failures set you back. Allow yourself time to work your way up and accept that there is a gap between who you desire to be and where you are at now.

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2012

Kam Yuen YiBachelor of Pharmacy (CUHK)Wong Ka TszBachelor of Science (HKU)

Tam See Long Bachelor of Social Sciences (Honours) in Media and Social Communication (HKBU)

2013

Wong Ka Wai

Bachelor of Medicine and Bachelor of Surgery (HKU)

Lau Sin Ting

Bachelor of Arts and Bachelor of Laws (HKU)

Luk Chiu Nam Bachelor of Business Administration in Marketing (CityU)

2014

Lin AngusBachelor of Engineering (HKU)Chung Wing SumBachelor of Science (HKU)

Yeung Yang Hang Integrated Bachelor of Business Administration (CUHK)



2015

Kwok Shing Him Bachelor of Business Administration in Global Business Studies (CUHK)

Lee On Yee Bachelor of Nursing (CUHK)

Lo Ching Nga Bachelor of Social Science in Sociology (HKBU)

2016

Lam Ching Hei Bachelor of Medicine and Bachelor of Surgery (CUHK)

Chan Hoi Tung Bachelor of Arts in Japanese Studies (CUHK)

Lee Ho Suet Bachelor of Business Administration in Accounting and Finance (HKU)

Wong Ka Hei
Bachelor of Nursing (HKU)
Bachelor of Science (HKU)
Lau Pak Kwan
Bachelor of Social Science (HKBU)
Bachelor of Science (CityU)

Tong Tak Yan

Bachelor of Science (CityU)

Cheung Yuen Wah

Bachelor of Science in Occupational Therapy (PolyU)

Chau Po Ki Bachelor of Science in Applied Biology with Biotechnology (PolyU)

Lee Pui YanBachelor of Science in Business and Management Studies (The University of Sussex)

2017

Wu Hoi Ching Bachelor of Business Administration and Bachelor of Laws (HKU)

Lam Yu Hei Bachelor of Arts (HKU)

Yam Ning Yi
Bachelor of Science in Speech and Hearing Sciences (HKU)
Yam On Yi
Bachelor of Science in Speech and Hearing Sciences (HKU)

Tang Wing Kan Bachelor of Engineering (HKU)

Tang Ho YanBachelor of Science in Psychology (University of Leicester)Man Hoi ChingBachelor of Arts in Philosophy (The University of Edinburgh)

Law Chiu YiBachelor of Arts in International Relations with Economics (University of Birmingham)

Wong Tse Yan Bachelor of Social Sciences in Social Work (CUHK)

Shir Wai Yin Bachelor of Engineering (CityU)

2018

Pun Pui Yin Bachelor of Business Administration in Insurance, Financial and Actuarial Analysis (CUHK)

Yau Ching YiuBachelor of Science in Quantitative Finance (CUHK)Ho Wing LamBachelor of Science in Actuarial Science (HKU)Pang Ching YiuBachelor of Biomedical Sciences (HKU)

Wong Tsz Wai

Choi Ho Ming

Bachelor of Engineering (HKU)

Bachelor of Social Sciences (HKU)

Lam Pui HongBachelor of Arts (HKU)Lau Ka TingBachelor of Science (HKUST)

Lim Chiu Ngai Bachelor of Science in Biochemistry (Imperial College London)

Lo Yu Hin Bachelor of Engineering (HKUST)



some of our MIGHTY ALUMNI

2019

Lui Yee Ching Bachelor of Dental Surgery (HKU)

Wong Kai Yiu

Tsang Lok Long

Bachelor of Science in Actuarial Science (HKU)

Bachelor of Science in Quantitative Finance (HKU)

Yeung Ching Long

Bachelor of Science in Actuarial Science (HKU)

Lo Tin Yan

Bachelor of Arts in English Studies and French (HKU)

Tang Wing YiuBachelor of Science (HKUST)Ng Wing KiuBachelor of Science (HKUST)Ng Wang FungBachelor of Engineering (HKUST)

So Wing Lam

Integrated Bachelor of Business Administration (CUHK)

Chan Wing Sum Bachelor of Arts in Linguistics (CUHK)

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There should be more depth.

Ivan recalled taking part in various activities like STEM projects, but they were not enough. He thought that students have adequate exposure to a range of activities, but they were not comprehensive enough to acquire new skills that are useful for the workplace. "Exposure is good for picking up new interests, but in-depth experience gives you the things that will come in handy one day."

6 6 When you want something, you will also change your habits.

Success is the product of everyday habits. Ivan started preparing for his DSE quite late compared to his peers. He pictured how hard it would have been to get into university if he had taken an associate degree programme as a springboard. That was the moment he realised he really had to go all-in, and that was after the summer holiday of his S5 academic year, "I really wanted to get into a university. I had to sacrifice a lot of time. Eventually it's a life-style change."

MESSAGE for HLCians

You have to make sure you've done your best before opportunities knock on the door. When opportunity comes, you ought to have the means to seize it.

"The society is unforgiving. The best you can do is to be prepared for it. DSE is a good opportunity to learn to take your own future in your own hands."

"Don't count when you give. And always give your best. I wasn't counting the cost and benefits for myself when I studied BAFS. It will eventually be useful when you are good at it. If you enjoy doing something, do it first. You won't know what you'll get in return, but you just have to do vour very best,"

"It is very important to work very hard when you have your DSE, because it is really hard to catch up when things do not go as planned. Make sure you do not regret later."

June 2020

van graduated from HLC in 2013, and is now working at Deloitte, a Big Four accounting firm. Graduates joining the same industry would expect the following caveats: Toiling away at work all week, inadequate sleep, and heaps of qualification exams. Ivan seemed to be acclimated to them, and he looked genuinely happy when he mentioned the perk of his laborious job — summer and winter breaks that last up to a month. He chose this career mainly because of his teacher at HLC, Mr. Maxwell Ho, who had inspired him and laid good accounting foundations for Ivan. His career path in fact took a sharp turn before all these happened. He majored in marketing at university, and he recalled getting OK-at-best grades for accounting. He had to take conversion exams to get to where he stands now. His advice: 'Do your very best or else you will regret'. Having learnt his lesson the hard way, Ivan reckoned it was adversity that made him the man he is today.

Reality is like giving you a bottle of water and telling you to walk to the other side of the

"When I joined this Big Four company, people would tell you if you work hard, you will become the boss one day, and you will be rolling in money. But in reality, it is like giving you a bottle of water and telling you to walk to the other side of the desert. The dream of success is like a mirage that keeps you slouching towards it." Somehow, Ivan was grateful that DSE was a wake-up call. He thought secondary school students today could use more tough challenges like the DSE. At the end of the day, hard work is an indispensable ingredient of success.

Winning and losing are always beyond your control.

Back when Ivan was in HLC, he served as the House Captain of Rationality House, and was part of the committee for two consecutive years, Ambitious and unseasoned, he recounted being very obsessed with winning when he was in S4. His committee meetings were all about precise calculations and planning that

IVAN CHIU NAM LUK

CHANGE

begin with YOU

City University of Hong Kong

Bachelor of Business Administration in Marketing (2017) Senior, Audit and Assurance at Deloitte Touche Tohmatsu would lead them to their goal — Overall Champion. That year he learned defeat. Ms. Emma Yeung, his form teacher that year, gave him a pep talk that he would never forget. "The less obsessed you are with something, the likelier you are to get it." Ivan realised that the process of struggling, in the end, meant more to him than the championship. "Winning and losing are always beyond your control. You need thorough coordination in the House, and that is not easily done. It's okay as long as you are happy when you do it. That's more important." The liberating realisation made him the right person for the position as the House Captain in the next year, when he was in S5.

Ivan enjoyed the struggle, and he finally earned what he had been yearning for. Rationality House won Overall Champion in 2012 under the leadership of Ivan. He learnt that it is important not to count the cost, because reward and effort never come in proportion. "Give your best, and don't worry about what you'll get in return. Eventually something good will come out of it."

Students should take the initiative.

Ivan was grateful that HLC had offered him lots of opportunities to learn. The key was that if you were willing to ask for the chances, teachers would gladly provide them. However, it's always the students who are unwilling to take the first step to ask for opportunities.

"When I walked past the school gate and saw the poll for the new uniform design, I was amazed by the positive changes the school is experiencing," Ivan had been a proponent for student autonomy. He had proposed many activities back then, but they were mostly rejected. "Eight years ago, student autonomy was very much desired. Even though HLC was promoting self-confidence, everything was constricted within the boundaries set by teachers. It was rare to see anything initiated by students themselves. But of course, I am talking about eight years ago! Now it's all different!" Ivan admitted that it is actually normal for schools to keep everything under control, but he is happy to see that students get more exposure to the world beyond the campus, proactively.

"They need to know how and what everyone else is doing beyond Tin Shui Wai." Ivan said HLC students' industriousness is exemplary, but hard work does not guarantee success. "It is about constantly broadening your vision. The more you see, the more you know what you should do. The chances are there. If you don't go and grasp them, they are gone for good." Joint-school activities could be a good start, and they are good for building a sense of belonging, Ivan said. "Students should leave their comfort zones."



Sincere gratitude to the teachers for their support and coaching.

It has been a great 6-year journey in HLC. Among all my experiences, I treasured Media Production Team most since it broadened my horizons and helped me discover more about my interests. Maybe I had too many goals and interested, I truly had no idea what would serve me best when I planned my career. Luckily, the teachers were very caring and approachable, and encouraged me to explore as

much as I wished. The advice and opportunities offered have undoubtedly opened many doors for me. Even until now, I would look back and gratefully thank those who helped me when I work with people of different backgrounds. True! The school can be demanding in terms of academic studies, as well as extra-curricular activities. And I must say the more competent you are, the higher goals they will set for you. Now I understand how important it was for the school to stretch my ability, hoping to unleash my



I still remember the words of my valedictorian speech - make decisions, make mistakes, take chances and grow. These have applied to my school years and extended to every day in life. I have so much gratitude to the faculty of HLC for going extra miles to discover students' talents in areas and providing ultimate supports to cultivate growth and development. My journey began with joining Drama Club on my first year when I struggled to pronounce a word right, the teachers taught me to read and speak each word patiently after hours, in rehearsals, we were encouraged to make friends and communicate in English without any pressure. This interactive way of learning has my language and interpersonal skills improved drastically, and have eventually led me to multiple scholarships, awards, and accomplishment in public exam. The confidence and eagerness that I built up in HLC guided me to take up challenges to achieve my goals in anywhere in the world. And with such gratitude, I am now attaining a Master Degree in Social Work in Australia, hoping to help aspiring teenagers to reach for the stars in the future.

CHERIE

The Hong Kong Polytechnic University Bachelor of Science (Hons) in Tourism Management **GRADUATE of 2018**

PERRY YEUNG

The Hong Kong University of Science and Technology

Bachelor of Science in Economics and Finance **GRADUATE of 2017**

During my six years at HLC, there were numerous ups and downs. I still recall many of the obstacles I encountered, especially during my early years at HLC. But like what Amazon CEO Jeff Bezos highlighted, failure and invention are inseparable twins. Thanks to these failures. I was able to learn many lessons from mistakes that I made and re-invented new approaches to tackle various challenges. Lucky enough, HLC was a supportive community and I came across with students and teachers who were remarkably helpful. I have always been grateful to them as they offered me advice in times of difficulties. Their advice and my lessons learnt when I was at university have shaped me who I am today. Thank you, HLC!

