



HLCian LINK

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MAN UP
DANNY WING KAN TANG

GROW OUT
OF YOUR SHELL
RYAN PUN PUI YIN

From A Boy
To
A MAN



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CHAIRPERSON'S MESSAGE

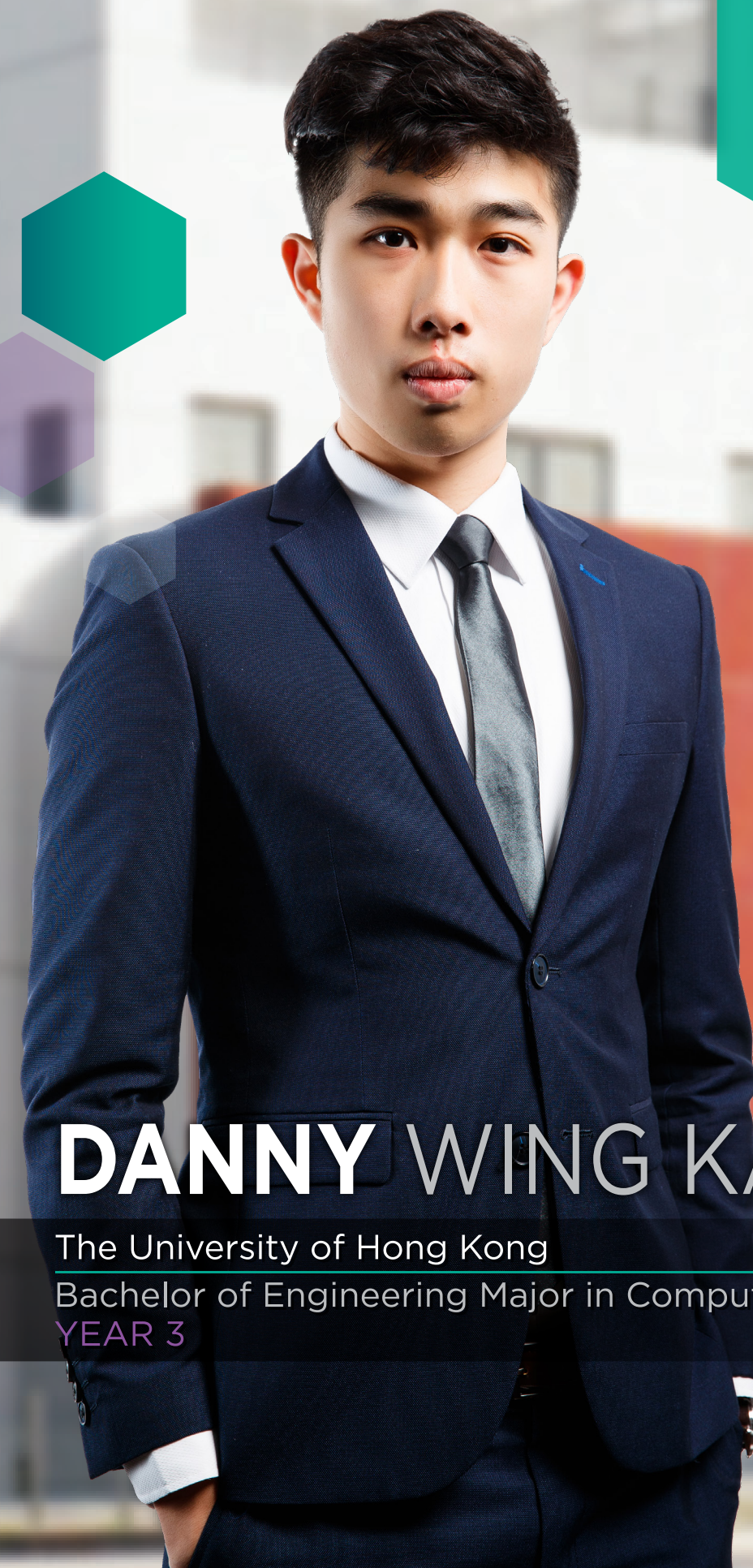
Being the founding Chairperson of the HLC Alumni Association means the world to me. First of all, I would like to take this opportunity to show my gratitude to my Alma Mater providing support to me throughout all these years. Having graduated from HLC for two years, it is my pleasure and honour to have a chance to serve our Alma Mater and work with our old friends. Being the Chairperson of HLC Alumni Association reminds me of the good old days when I was the House Captain. When I look back now, what bonded us together was the spirit of unity and the sense of belonging – way more than the taste of victory.

We might have forgotten how much tears we shed and how much sweat we poured into all the school events, but we, together, created memories, overcame obstacles and nurtured a stage of growth not only for ourselves, but many students yet to enroll at HLC.

With the great effort of the Principal, Teachers and Staff, Parents, Alumni, and all of our younger brothers and sisters, I believe there are many new blossoming pages of HLC, witnessing the growth of our College to the next level.

Lau Nap Chung

Chairperson of the 1st HLC Alumni Association
Hong Kong University of Science and Technology
Bachelor of Science in Biotechnology
Year 4



DANNY WING KAN TANG

The University of Hong Kong
Bachelor of Engineering Major in Computer Science
YEAR 3

Having graduated from HLC in 2017, Danny is now studying Computer Science in the University of Hong Kong (HKU). At HKU, Danny has taken up more responsibilities, a member of the Hall organizing committee and the captain of the Lacrosse team of his hall. Danny would also like to represent HKU 19 to compete with other countries. He is enjoying a new chapter of his university life. In the meantime, he is planning ahead of his peers, hoping to start a real estate business to support his family in the near future. He also plans to establish a charitable foundation to help homeless people and refugees. According to Danny, “we should help others when we have the ability, resources and the support. Life is not just about getting what you want, it is also about giving. It is the satisfaction you get from adding transformational value to others and to make the world a better place to live.”

“**Hard work and perseverance, a key to success**”

Danny shared his journey in HLC and his difficulties when he was a student in Secondary one. He was not able to speak well and had to take speech therapy

sessions. “I was not a bright student,” said Danny. “Being in the class of low achievers, I had low motivation. However, Terry Tse, a former DSE Top Scorer in our College, inspired me to work hard to achieve my goals.” Terry’s dedication towards his studies and motivation gave Danny a direction to follow and taught him to overcome his difficulties.

“**I studied hard since S.3 and tried to follow Terry’s footsteps by setting a goal to achieve great results in DSE**”

At first, Danny never thought that he could achieve these goals as he was not motivated at school. However, Danny’s eventual hard work and perseverance helped him overcome all of the obstacles in his way. Danny admitted that he initially struggled in Chinese Language class, but with his concerted efforts, he ended up achieving the best results in his class. According to Danny, hard work and perseverance are the keys to his success.

“**My sincere gratitude to my teacher mentor**”

What helped me achieve a better result in English was that I had set very clear goals to follow. I found myself to be in a different class with motivated students, which encouraged me to engage more in class. Crucially, I was lucky to have my English teacher as my mentor, Mr. Tony Wei.” Through his engaging, exciting lessons, he helped me change my mind-set towards learning and build a solid foundation of English Language knowledge. “He played a pivotal role behind my success. HLC provides you with a great environment and mentors who help you succeed. I would like to take this opportunity to express my sincere gratitude to him.”

“**Responsibility is one of the features of maturity**”

Life is unpredictable and one wouldn’t know what comes next in life. Danny faced family crisis and, regardless of his passion in basketball team, he had to give it all up. As the only child, Danny soon realised that to pursue a financially sound career, he needed to study hard. He chose to spend most of his time studying at the expense of extra-curricular activities. “I don’t regret

the decision I made. Responsibility is one of the features of maturity. There is a saying from Rakim that “You grow, you mature, you live, and you learn. You get a little wiser, and you learn better ways to handle things.” You need to prioritise your needs. As the only man in my family, I had to stay strong and support my mum. That is the moment that changed me from a kid to a mature adult.”

“**Treat validation as your energy-boost and do not consider seeking help as a sign of weakness**”

When asked about seeking validation and help, Danny said that validation is a form of motivation that gives you the energy to do things better. There must be a person in your life that you really want to seek validation from. Validation is not bad; however, don’t do things just to seek recognition from others. You should treat validation as your energy-boost but don’t overuse it. Try to seek help and speak to others. “I was under a great pressure during studies but fortunately, I was surrounded by great friends and teachers who allowed me to share my feelings and lent me an ear,” said Danny.

“**To pursue your dream, you need to think differently**”

When you hear people saying that their dream is to be a doctor, a lawyer or an accountant, it sounds great but it is just a vision which needs hard work to turn it into reality. To pursue your dream, you need to think differently. It is not about the implementation of your plan, but also taking into consideration the worst possible outcomes. As J.K. Rowling said, “*Never be ashamed! There’s some who will hold it against you, but they are not worth bothering with.*”



“**Message for HLCians**”

To be successful, you need to find the right direction. Where you want to go in life by knowing precisely what you would like to achieve. Especially for senior form students, I would like you all to think about these questions. What do you want to study at university? Is that the career you want to pursue? There are a lot of people making wrong decisions, wasting time on doing things they do not want to. SMART (specific-measurable-achievable-realistic-timely) goal setting is a great process for thinking about your ideal future, and for motivating yourself to turn your vision of this future into reality.

Furthermore, you need to have a role model to follow. A role model is a person you look up to and admire. Find a person you know no matter if s/he in your family, a teacher or a celebrity and learn from her/him. They can help you to broaden your horizons and teach you how to live with integrity, optimism, hope, determination and compassion. As Thomas Monson said, “We tend to become like those we admire.” Last but not least, you need to listen to your mentor. You may come across challenges throughout the journey to achieve your goals. That is when your mentor will guide you to overcome the challenges you may face. They will teach you the importance of being a man of many talents.

Danny took this opportunity to thank HLC teachers and his mentor. “HLC teachers are so dedicated to teaching, helping and empowering students. They make us better human beings. They help us advocate for ourselves and take a leadership role on the issues that we believe in.”



Some of our MIGHTY ALUMNI

2013

Chan Chun Hong	Bachelor of Medicine (CUHK)
Tsz Cho Ho	Bachelor of Medicine (HKU)
Chan Wang Kam	Bachelor of Social Science (HKU)
Kam Tsan Yau	Bachelor of Engineering (HKU)
Leung Chun Kit	Bachelor of Social Science (HKU)
Lau Chek Lam	Bachelor of Engineering (CUHK)
Yeung Yu Pang	Bachelor of Business Administration in General Business Management (HKUST)
So Tze Kit	Bachelor of Science (HKUST)
Ho Tsz Man	Bachelor of Science (Honours) in Economics (The University of Kent)
Yeung Wing Yin	Bachelor of Business and Management (The University of Glasgow)

2015

Chung Sze Ho	Bachelor of Engineering (HKU)
Poon Chun Wai	Bachelor of Computer Science (The University of Waterloo)
Chan Ching Tat	Bachelor of Engineering (HKUST)
Luk Yau Man	Bachelor of Science in Biotechnology (The University of New South Wales)
Lo Chun Kit	Bachelor of Social Science (Sociology) (CUHK)
Chan Ho Ting	Bachelor of Engineering in Network and Software Engineering (The University of Canberra)
Kwan Tsz Fung	Bachelor of Education in Mathematics and Mathematics Education (CUHK)

2017

Leung Chin Hang	Bachelor of Business Administration (HKU)
Mak Shing Him	Bachelor of Law (The Queen's University Belfast)
Cheung Ngo Ming	Bachelor of Engineering (HKU)
Lau Nap Chung	Bachelor of Science (HKUST)
Ho Lai Yin	Bachelor of Professional Accountancy (CUHK)
Ma Ching Kiu	Bachelor of Arts (Honours) in Criminology (The University of York)
Chan Yue Shun	Bachelor of Business Management (The University of Sussex)
Wing Kan Tang	Bachelor of Engineering Major in Computer Science (HKU)

2012

Lam Ho Lun	Bachelor of Science in Business and Management (The University of Sussex)
Wong Ching Wai	Bachelor of Business Administration in Accounting and Finance (HKU)
Tong Ngo Ting	Bachelor of Commerce (The University of New South Wales)
Lee Kui Tak	Bachelor of Science in Biological and Medical Science (The University of Liverpool)
Tsang Chun Yuen	Bachelor of Science (CUHK)
Yeung Ho Wing	Bachelor of Engineering (CUHK)
Lai Ting Cheung	Bachelor of Engineering (CUHK)
Lo Sheung Him	Bachelor of Computer Studies (The Curtin University)
Lee Kin Hang	Bachelor of Business Administration in General Business Management (HKUST)
Man Ho Ching	Bachelor of Business Administration in History (The University of Essex)
Tung Ho Nam	Bachelor of International Cultural Studies (The Brigham Young University)

2014

Ko Chun Ki	Master of Science (International Planning) (University College London)
	Bachelor of Art in History (HKBU)
Cheng Ting Hin	Integrated Bachelor of Business Administration Programme (CUHK)
Lin Angus	Bachelor of Engineering (HKU)
Lin Pak Kin	Bachelor of Science (HKU)
Chan Yik Hong	Bachelor of Nursing (CUHK)
Wong Lap Pong	Bachelor of Arts in Textile for Fashion (University of Winchester)

2016

Chu Cheuk Kiu	Bachelor of Engineering (HKUST)
Lam Yu Fung	Bachelor of Science (CUHK)
Ho Chun Wa	Bachelor of Business Administration (Honours) in Accounting and Finance (PolyU)
Cheung Yuen Wah	Bachelor of Science (Honours) in Occupational Therapy (PolyU)
Ho Ho Sam	Bachelor of Arts (Honours) in Marketing Management (The Manchester Metropolitan University)
Wong Hei Chi	Bachelor of Media and Design (The University of Arts London)
Fung Tak Him	Bachelor of Arts (Honours) in Applied Social Science (School of Continuing and Professional Education: City University & Sheffield Hallam University (UK))
Chung Hon Hei	Bachelor of Arts (Honours) in Psychology (The University of New South Wales)

2018

Yau Ching Yiu	Bachelor of Science in Quantitative Finance Programme (CUHK)
Lim Chiu Ngai	Bachelor of Science in Biochemistry (The Imperial College London)
Choi Ho Ming	Bachelor of Social Sciences (HKU)
Tang King Man	Bachelor of Engineering (HKU)
Chan Tze Lok	Bachelor of Engineering (HKU)
Liao Man Kit	Bachelor of Science (HKUST)
Tsang Tsz Ki	Integrated Bachelor of Business Administration Programme (CUHK)
Yiu Kai Tsun	Bachelor of Arts (Honours) in Architecture (The University of Sheffield)
Lam Pui Hong	Bachelor of Arts (HKU)
Pun Pui Yin	Insurance, Finance and Actuarial Analysis (IFAA) (CUHK)
Cheung Ngo Chun	Bachelor of Science in Optometry (PolyU)

GROW OUT OF YOUR SHELL



RYAN PUN PUI YIN

The Chinese University of Hong Kong
Insurance, Finance and Actuarial Analysis (IFAA)
YEAR 2

“HLC is a place which gives me
courage to step out of my
comfort zone”

Unloading the stress from HKDSE 2018, Ryan is now a freshman studying Insurance, Finance and Actuarial Analysis (IFAA) at the Chinese University of Hong Kong (CUHK). Like most of the CUHK students, he is enjoying his hall life in the CW Chu College while he is also the Chairperson of the Band Society. “I am a focused yet stressed person,” said Ryan. During the interview, Ryan shared how careful he is. He took time before answering any questions. Being an actuary wannabe, he has also an aspiration of working for our environment and embracing music in his life, of which these seeds were long sown back in his time in HLC.

“A vote of thanks to my
Alma Mater”

When asked about the reason why he chose HLC, which was a very new school back, to be his growing place for 6 years, Ryan said he actually did not think too much at that time. “I had a very simple mind when I was looking for the right secondary school. I heard that many of my primary schoolmates had enrolled in HLC. Also, I believed HLC, a newly established school, were able to provide a more creative and liberating environment for students’ growth. I was willing and dare to embrace new things and I guess these are the main reasons why I would like to study in HLC.”

Ryan soon realized he had come to the right place. “HLC provided a lot of opportunities for me to unleash my potential. Most importantly, teachers are, in my opinion, the most treasurable asset of my Alma Mater. I’m grateful that teachers are so enthusiastic in their job. Not only did they play a crucial role in teaching me the subject knowledge, they also guided me to a suitable direction with wise advice. When I was in S.3, I was facing a difficult time because I had to make the first critical choice of my life. I had to decide which electives I was about to study in the coming 3 years. At the first place, I wanted to study in Physics even though my results might

not be able to meet the academic requirement. My English teacher, Ms Emma Yeung, at that time, was the person who kept encouraging me that I would be able to achieve a better result, so I was able to dispel my negative emotions and got into the desirable class eventually. I am grateful that she later became my Form Teacher when I was in S.5 and S.6. Without her relentless support, I might not be able to walk through the tough journey of HKDSE and I might not have enrolled at my preferred university programme. Knowing that I have a chance to be featured on the college alumni magazine, I am so delighted and eager to express my gratitude to all the teaching staff in HLC for their hard work and care to us.”

“You’ll grow only when you
step out of your comfort
zone”

“After starting my new life with a new identity in CUHK for about half a year, I have an even stronger feeling that secondary school has always been my haven from the ‘real issues’. In the past, my only worries would be ‘what subjects I should study’ or ‘if I can go to the orchestra practices after school’. Getting into university, I have realised that I have to shoulder the responsibility to manage my time, or to be more accurate, my own life-planning. No longer is there any timetable of the day, like how I was told what to do in secondary school. Since I have more new identities, a student of IFAA, the Chairperson of the Band Society, an actuary wannabe and so on, I have to prioritise different tasks and duties myself more carefully. Life as an undergraduate is so short; yet, there are so many things that I would like to achieve. I’m still learning how best to manage my time.”

“Thanks to the training in HLC, I slowly grew into quite a self-disciplined person and committed to achieving my goal. In secondary school, almost everyone shared the same ultimate goal, which was: getting into university. And that’s all. Once that target is achieved, we must decide what we want next. That’s why many of my friends from other schools told me that they felt very lost once getting into university. For me, I learnt my lesson in HLC and was quite confident what to do when I graduated. Now, despite many duties and identities, I always top my agenda with my academics. Being a business student, I’m very cautious of things on which I should invest my time, and I know it can be an art. The positive learning atmosphere back in HLC somehow has built my belief on it. Benjamin Franklin once said, “An investment in knowledge pays the best interest.” Unlike other properties, knowledge I’ve acquired can be taken away by no one so I know the value of constantly becoming more knowledgeable and I always take every learning opportunity seriously. I

know I’m a lucky person as I’m enthusiastic about what I’m studying so I feel like I’m exposed to a deep ocean of all sorts of knowledge I am yet to explore.

Apart from academics, music is another area which I’m looking for further development after walking out of the comfort zone in HLC. Indeed, the interest of music has long been cultivated since I was in HLC. I had the opportunities to join a lot of music events, to be the Chairperson of the A capella Team. I played clarinet in the school orchestra and even formed a band with friends. A lot of other schools might have labelled us and “encouraged” us to focus on studying. HLC was different. She provided me with autonomy and when I did not discipline myself well enough, I learnt my hard lesson. Of course, I enjoy a much bigger stage at CUHK. Having a larger audience and more friends with the same interest in CUHK, I’m more excited and engaged in different band performances. However, I will never forget the stage we built freely at HLC. It was small, yet, unfolded many possibilities for me.”

“Broaden your mind and widen
your vision”

The conventional thought on an IFAA graduate’s life is taking part in the actuarial field, earning a handsome amount of income and living a stable life. Nevertheless, Ryan has a different story to share. “Like most of my classmates, I will probably kick start my career with an actuary-related job. However, I would like to contribute my knowledge and skills to more areas. If I have a chance, I will work for some NGOs to help protect our environment as I am a nature lover.”

Ryan would like to give some encouragement to fellow HLCians at the end of the interview. “I think students in HLC are very self-regulated and they have strong organization skills. However, from my observations, when compared to students from other schools, HLCians are too timid to show their true colours and to express themselves to others. Dear fellow schoolmates, remember, the more you explore about life after graduation, the more you will find yourself a small piece of puzzle out of a big picture of the world. So, seize every opportunity our College provides you, especially those outside of the college and paint the canvas of this world with your very unique colour. Show everyone the very shades of HLC.”



June 2019



TAI SHAN LAM

The Hong Kong Polytechnic University
Bachelor of Science in Hotel Management
GRADUATE OF 2017



It was a really pleasant journey studying at HLC. My happiness rooted of course mainly from friends and all the fond memories we had. However, when I look back again, I met so many important people and learnt so many lessons that are still applicable in my life today. To me, HLC is more than a school where one can learn. It is a place where we learn the importance of responsibility, strong mind and gentle heart, a place where I could

afford to make mistakes and learn through them. I still remember my teacher reminded us that out of everything he wished us to learn was beyond knowledge. This is how to grow up as a decent young man. Our teachers shared their wisdom, as well as their life experiences with us. Even until today, my teachers still serve as role models and guides for us, reminding us the journey towards manhood is never-ending. Every day, we learn something new.

ALUMNI
MESSAGES

GRIFFIN LAM

Murdoch University
Bachelor of Science in Conservation
and Wildlife Biology YEAR 1

Different people have different perceptions of what it means to be a man. From being able to support a family, to simply being a strong and confident man, it is near impossible to determine what the true definition of a man is. So, what does it mean to be a man? There is no true answer, but I personally think that it is very relative to everybody's own perspective. In this modern society, it is really hard to determine who truly is a "man", but I would prefer to extend this saying beyond the restriction of gender but towards people in general. The key is to literally be "your own man". In my opinion, a man should first be able to reflect upon himself completely, and after that step, everything else is determined by who you think you are, whether you are happy with the person you have become, and if not, whether you are willing to change things about yourself when you are unhappy with who you are. Another important bit is that you admit it when you need help — understand that you cannot handle a situation on your own. It all comes to being true to who you are and seeing it on your own, that is what I believe a man should be able to do.



There is no doubt that the 6-year life in HLC has been the best part of my life. I must first extend my gratitude to friends and teachers who helped and spent time with me throughout these years.

When I first entered HLC as a new S.1 student, I was so timid, immature and did not know how to communicate with others very well. Fortunately, throughout the years I encountered many friends in HLC who accepted me as who I am. We do not only just play and have fun all the time, but we also study together to get through ups and downs in life, like DSE, as a team.

To become a better man, I must also mention the boundless help which teachers in HLC offered. They encouraged me to ask questions, discussed with me and even allowed to actualise the crazy science ideas and inventions as an intent to fulfill my dreams. Thank you for all the confidence and trust you all put in me.

PERCY LIAO

Hong Kong University of Science and
Technology
Faculty of Science YEAR 2