#LCian Press

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ISSUE II









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EDITOR'S MESSAGE



Celebrate Every Day

As we step into the new term, let us cherish and celebrate every moment of our lives. In this issue, we rejoice in the delightful memories of our Christmas party, the enlightening opportunity of meeting the four esteemed Shaw Laureates, and so much more. HLCians, let us celebrate in both the small and the grand occasions. Whether it's the satisfaction of cracking a challenging math question or the triumph of winning a competition, every moment is valuable and worthy of recognition.

This press serves as a tribute to the joyous times we've shared over the past few months at HLC. So, what do you have to celebrate today? Let us celebrate and embrace the learning and accomplishments that make our journey worthwhile.

3E KOLA ZAYNAB
EDITOR IN CHIEF










HKFYG LEE SHAU KEE COLLEGE
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Scientific Pioneers Engage Young Minds: The Shaw Laureates at HLC



About two months into the new school year, we had a splendid event that fascinated every HLCian in the College Hall. On November 17, our College hosted "Dialogue at Secondary Schools with Shaw Laureates", where four Shaw Laureates arrived at our College to give us all an inspiring talk regarding future science careers and their own journey in science.

I was thrilled at the beginning of the event as I knew this was an extremely fortuitous event for me to get to know more about how people worked for success. I expected a lot from the sharing as the guests are renowned professors around the world. Astronomer Professor Reinchard Genzel, Microbiologist Professor Peter Greenberg, Biochemist Professor Franz-Ulrich Hartl and Mathematician Professor Jeff Cheeger amazed HLCians by their motivating sharings. Isn't it incredible how we are meeting people who have made incredible contributions to the world in-person? It is unbelievable how much they have worked in order to achieve their Shaw Prizes.

One moment that stuck out to me was when Professor Jeff Cheeger was once frustrated by a math problem, and in the end it took him a couple of years to solve it. I immediately recognized that perseverance and commitment are crucial in our lives; as even mathematicians struggle with their own field of work. I could also relate Professor Cheeger's sharing to my daily life when I face problems and totally want to give up because I had no idea and lacked motivation. After attending the discussion that day, I considered it as an inspiration to boost my confidence and productivity to make myself a better person in all aspects of my life.

All in all, this unforgettable experience definitely amazed me and I felt very grateful to meet the four Shaw Laureates at my own College.

5D VENICE LAU
REPORTER



LEARNING AND TEACHING EXPO



I was very honoured to have the opportunity to participate in the Learning & Teaching Expo held at the HKCEC. The L&T Expo is a monumental event for educators around the world to share different insights into their profession. Three of our teachers, Mr. Jimmy Chan, Ms. Renee Chau, and Ms. Peggy Chau, along with three HLC students, Kitty, Douglas and myself, represented the College in sharing the distinctive aspects of our curriculum. We are the first secondary school to collaborate with HKU in promoting MOOCs within secondary education, and we have implemented MOOC into our school-based promotion system known as the HLC Scholar Scheme. We also talked with a teacher from a local secondary school and discussed the possibility of implementing MOOCs in a CMI school.

After our presentation, we walked around the expo. I spoke to a staff member from the British Consulate General. She shared about the education system in the UK, as well as some innovative technology from the UK, some of which our College has incorporated into our curriculum or has offered courses on, such as Micro:bit and Raspberry Pi.

I was also introduced to some university taster programs, which were really awe-inspiring. Another expo booth promoting silent cabins also caught my eye. A silent cabin is a cabin that can isolate and reduce noise from outside, allowing users to work in a silent environment. In fact, these cabins have also been implemented at some local universities.

It was truly a very fruitful experience to be part of such a significant event. It was a precious chance to share at the HKCEC in front of so many people. I have also learned much about different new and innovative teaching approaches and tools from various companies and organizations around the globe. It was a great honour for me to represent the College on this special occasion, and I am looking forward to seeing HLC achieve more amazing feats to share in the future.

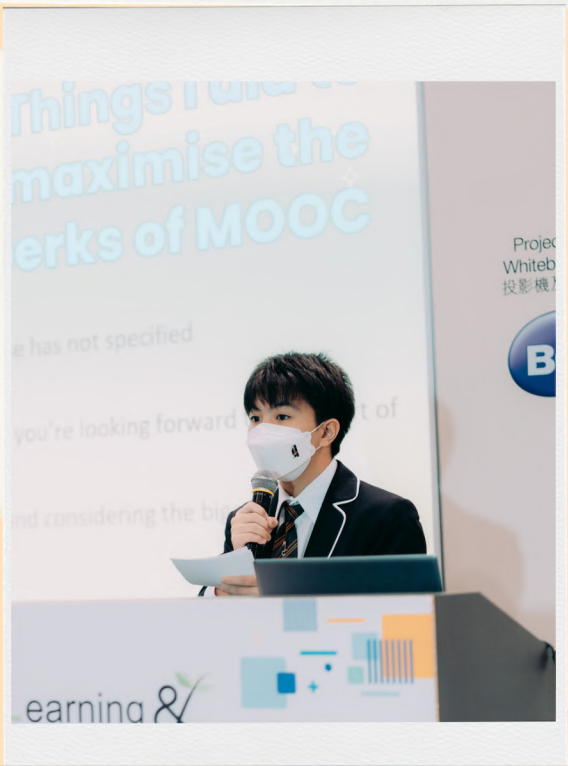
4E JAIRUS NG
CONTRIBUTOR




Lee
H.D.LEE COMPANY


Learning &




maximise the
erks of MOOC
earning &




K12 Theatre
K12研討會

English Drama Club Annual Production

Shrek: Behind the Green Curtains



Journey to Self-Acceptance

2E Mac Lam

Shrek The Musical departs from our previous production, Fly My Way. Initially, I had apprehensions about the makeup and wearing an animal costume. Imagine painting your face and donning a costume that defies nature, then stepping onto the stage under scrutiny. However, as I connected with my character and embraced self-acceptance, my fear vanished.

The unwavering support of my incredible friends also played a vital role in conquering my anxieties. In our makeup workshop, excitement filled the air as we bantered, sang in harmony, and helped one another. It became clear that the true essence of our performance lay in the bonds we forged, not just in our makeup and costumes. I also learned the importance of self-acceptance and embracing my true self. This aligns perfectly with the main message we aim to convey to the audience through the musical.

Shrek The Musical presented the most elaborate set, costumes, and makeup in HLC history, and our hardworking members created unforgettable memories. I extend my gratitude to my friends and teachers, especially Ms. Nicole Li, whose support enabled me to grow both externally and internally. With each passing day, my enthusiasm for the upcoming musical swells. Join us on **March 15th at 7:30 PM** to share our joy. Don't forget to catch a glimpse of our rehearsals via the QR code.



Harmonious Preparation: Shrek's Melodies

3E Mandy Wan

To prepare for the highly anticipated annual English musical, Shrek, our English Drama Club hosted two events: a trip to watch Madagascar The Musical and a music recording session.



In musicals, songs play a crucial role in conveying characters' emotions and essence. This is evident in the Madagascar musical, where actors confidently express their characters' emotions through songs, showcasing their personalities. I aspire to achieve the same level of expression in our upcoming musical.





As a music lover and passionate singer, I can confidently say that our music recording experience was truly exceptional. Wearing headphones and standing in front of a professional-grade microphone, I immersed myself in a world where I felt like an experienced performer, pouring my heart into every note. Every song we practiced carried profound significance, leaving me eagerly counting down the days until the showcase!





Illuminating Artistry of Lighting Design

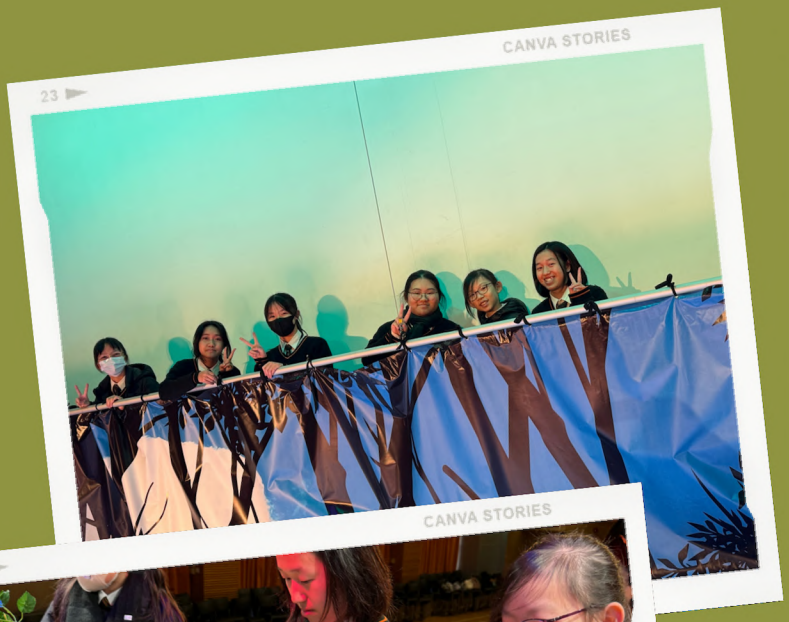
2E Nathan Ho

To prepare for the upcoming musical, I had the incredible opportunity to attend a lighting workshop hosted by the renowned lighting designer, Mr. Octavian Cheuk-wai Chan (陳焯威). This workshop proved to be an enlightening experience, equipping me with valuable knowledge in lighting design that will undoubtedly elevate my contributions to HLC theatre shows. One particular aspect of the workshop that truly stood out to me was the interactive section, where I had the privilege of collaborating with my peers to create a mesmerizing lighting design for a song (check out our design via the QR code). This task not only emphasised the artistry of lighting expressions but also underscored the importance of clear communication to prevent misunderstandings and errors.

Moreover, by observing the professional behaviour and conduct of the expert, Mr. Chan, I gained a valuable model for approaching my work in the English Drama Club with a similar level of professionalism.






CANVA STORIES
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CANVA STORIES
CNVFILLM FF1


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CANVA STORIES
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Argument and Articulation

Senior Debate Team Triumphs in Season Opener

As the new academic year arrives, new challenges also arise. For the people on the Senior Debate team, the challenge they faced was the first debate competition of the year. Three experienced debaters took up the challenge to face equally experienced opponents in this riveting debate.

The motion was, "This House Believes that South Korea should exempt top K-pop stars from mandatory military service." We were the negative team opposing the motion, so we had to find points to rebut it. The challenge of the debate was researching suitable sources to counter our opponents. Charlotte from 4E stated, "Although I was the speaker tasked with handling rebuttals, it was challenging to formulate an argument to support my case."

The most difficult part was finding sources for research, and it was particularly tough to find a suitable website. The biggest challenge was trying to come up with rebuttals while jotting them down in two to three minutes and compiling the opponent's arguments. Stage fright was another obstacle; 'Despite appearing confident, I was extremely anxious, and my heart was racing during my match,' Charlotte admitted, attributing this to the challenge of responding to and rebutting the first affirmative speaker.

In terms of tackling the challenge, Addis from 4D suggested that he tried to think fast, gather the most important points, and combine them into one satisfactory rebuttal. Our team collaboratively worked on the rebuttals, drawing from our knowledge to construct a strong argument. I managed to overcome my stage fright by speaking at a calm and moderate pace and also by practising my speech beforehand. In addition, maintaining a calm disposition and concentrating on listening to the opponents' points led to making better rebuttals. Last but not least, we gained another victory. Preparation was also a key factor in our victory, with speakers rehearsing their speeches and preparing cue cards. We refined our rebuttals with assistance from our debate teachers, who offered affirmative points for us to counter, thereby improving our rebuttal skills. Moreover, the speakers practised and refined their speeches to ensure optimal performance. I also endeavoured to condense my script, maintaining its meaning and emphasis, to avoid exceeding the time limit for my speech.

4D MATTHEW CHAN
REPORTER



4E RYAN HO
REPORTER









Cultivating Eloquence: The HLC Speaking Carnival



The learning experience at the Speaking Carnival wasn't limited to Junior Form students; even experienced debaters like me gained new insights. Before the carnival, I was an extremely shy individual, anxious about meeting new people at the event and concerned that managing a booth with Kelson would be a daunting task. Fortunately, with Kelson's support, I gained enough confidence to fulfil my role as a helper, successfully managing the booth and engaging the students with our game. Now, meeting new people doesn't make me as anxious, and I'm less intimidated by new challenges.

Overall, the Speaking Carnival provides a unique platform to nurture the debating, critical thinking, and English language skills of tomorrow's leaders and to showcase the remarkable Debate Club of our College. As a helper, I was grateful for the opportunity to manage the booths at this incredible event and to assist in refining the skills of future debaters, while also overcoming my own social anxiety.





The Debate Club offers a plethora of opportunities for our schoolmates to learn more about the club, while also practising their debating, critical thinking, and English language skills. Last month, the Debate Club capitalized on this opportunity by hosting the Speaking Carnival. As a helper at this event, I'd like to take this opportunity to document my experiences in contributing to and witnessing this remarkable activity.

During the Speaking Carnival, S.1 and S.2 students had the chance to hone these skills. The event took place in the College Hall, which was filled with booths covering a range of subjects from tennis debate to story creation. Students were tasked with collecting stamps from these booths to complete the Speaking Carnival. The booth I helped manage with my partner Kelson centred around memes, where participants matched popular memes and other internet trends with sentences. The students who participated were very enthusiastic, finding the Speaking Carnival enjoyable. Personally, I am extremely pleased that the event was well received and the Junior Form students were able to learn English and debating skills from interactive and fun events like the Speaking Carnival.

4E RYAN HO
REPORTER



MOOC X READING
Startup Carnival

This year, S.4 students are required to utilise what they have learnt in a MOOC course and employ thinking skills, namely the six thinking hats and design thinking, to generate inventive ideas to address one of the seventeen Sustainable Development Goals (SDGs) — Good Health and Well-being, focusing particularly on aiding students' mental health. Let's take a look at some reflections from our schoolmates:

4A Enoch Tsang



My partner, Boris Chan, and I created an invention called "Social Glasses," which garnered favour as one of the top invention ideas across the form. We aim to use technology to assist teenagers in learning to express themselves through "social glasses". Ice-breaking topics will be instantly provided as the glasses can detect the target's facial expressions and observe the targets in detail. We hope that even introverted students will not fear interaction with others. In preparation for this Startup Carnival, I learnt the importance of a pitch deck and how to explain ideas to the audience clearly. Pitching new ideas is a challenging task!

4B Katie Chiu

By inventing ChronoCase, Sandy Kwan and I hope to help people develop better time management skills, thus preventing procrastination in the short term and maintaining healthy well-being in the long term. Our ideas are inspired by students in Hong Kong who often stay up late dealing with unfinished work. With our invention, we aim for students to remain focused on their tasks before midnight to ensure they have time for ample rest. The MOOC course "Time Management for Beginners" states that distractions, procrastination, and poor planning contribute to why people often leave work undone until midnight. This inspired us to design this smart gadget — a handy pencil case with a speaker that plays relaxing music and a Pomodoro timer to regulate students' study routines. During the design thinking process, I learnt that the invention should cater to people's needs. We should consider not only the advantages of the invention but also any potential adverse impacts or inconveniences it might bring, to further improve our prototype. After the Startup Carnival, I realised that we should be more considerate and pay closer attention to the people and things around us, including their mental health, feelings, and needs, so we can take action to help them and make the world a better place.



4B Athena Choi

Robottle+ is a robotic water bottle, an idea Joanne Bai and I conceived. With this invention, students can take a photo of any maths question, and the steps to the answer are displayed on the screen. It also includes a timer to remind students to drink water. Students always need to remember to stay hydrated while studying, and we hope this invention will help them remain healthy. According to the MOOC we took, mental health is dependent on physical health. Our aim is for students to have a healthier and happier academic life. Throughout the lessons, I learnt how to combine existing gadgets to create new ideas, as demonstrated by our invention that aids students with their studies and reminds them to drink water. On the day of the Startup Carnival, I learnt how to engage the audience with a vivid presentation and make better use of the stage.





4D Ling Ip

When Christy Chiu and I visited the washroom, we noticed that hygiene products were not provided on every floor, which made us consider what we could do to support girls with their essential needs. We decided to propose an invention idea called "Girl's ATM". Nowadays, some girls still feel ashamed about menstruation. In my opinion, there is nothing to be ashamed of.

With this invention, in which students can purchase hygiene products using their Student ID card and the smart screen displays relevant information, we aim to diminish the stigma surrounding menstruation, promote a fair and equitable society, and help girls feel supported and less stressed during their critical periods. After settling on our invention idea, we began to gather information, and in a MOOC course called "Introduction to Human-Robot Interaction", we discovered that human-robot interaction is a valuable method for enhancing user experience. By integrating sensors and actuators, people will be more inclined to use our machine. We also applied design thinking to identify potential issues and modify the prototype. At the Startup Carnival, besides the pitch, we attempted to enact a scene demonstrating how girls deal with menstruation to engage the audience. I learnt about the importance of presentation skills, such as using body language, and believe these experiences will help me become a better speaker in the future.

4D Athena Wu & 4D Chloe Yan

Our Family Problem Solving Robot is inspired by the MOOC course at CurtinX, "Talk to Me: Improving Mental Health and Suicide Prevention in Young Adults". We envisage robots acting as mediators in family conflicts, using advanced natural language processing and empathy training to understand both perspectives, identify core issues, and suggest mutual compromises. It also records conversations to analyse speaking styles and emotional cues, providing feedback to foster self-awareness and understanding among family members. Our goal is to transform family relationships by facilitating peaceful problem-solving and reducing stress levels in teenagers through improved family dynamics.

During the design thinking process, we gained insights into understanding user needs and ideating potential solutions, as well as prototyping and testing. In particular, we learnt to empathise with the challenges families face during conflicts and to apply design principles to create a practical and effective solution. When preparing the pitch, we recognised the importance of communicating the value proposition of our product and highlighting its features and benefits to the audience. We have honed our presentation skills, storytelling techniques, and persuasive abilities to convey the potential impact of our invention on peaceful family problem-solving and mental well-being.



4C Sunny Kwok & 4C William Lam

We are excited to introduce our new creation: an AI dancing robot designed to entertain teens and children. This robot is a dance enthusiast's dream come true! Imagine a robot that can dance to any beat, keeping kids captivated and amused. With its sleek design and smooth movements, this robot is set to win the hearts of both the young and the old. From what we have learnt in the MOOC course at MichiganX, “Injury Prevention for Children and Teens", we understand that preventing children from sustaining physical and mental injuries is urgent, given the alarming number of injury cases. Therefore, safety is our top priority, and this robot is equipped with smart sensors to ensure a safe environment for children. By following the dance moves, we hope that this robot will not only bring joy but also foster creativity and strengthen peer bonds. All of these factors are likely to contribute to positive mental health in our young users.

The Winning Mindset

My Summer Dive into Sports Psychology

Lately, there has been an increasing number of people in Hong Kong who have started to pay attention to sports development. However, how many truly understand the hardships faced by athletes? As a swimming enthusiast, I have experienced setbacks and a lack of motivation. During these periods, I felt lost and wanted to give up. I understand how mentality influences sports performances. Therefore, I chose Sports Psychology from FutureLearn for my S.3 Summer MOOC.

Throughout the course, I learned various psychological concepts, strategies, and techniques that can enhance athletic performance and mental well-being. Among all the topics, I was particularly impressed by "the source of athletes' resilience or confidence." Many of the world's top athletes use visualization techniques before a significant event, mentally rehearsing it in their minds. This can increase motivation, build confidence, and improve performance. The more realistic the visualization and preparation are, the greater the chances of success are. Athletes think about the sounds they might hear, imagine what they will see, and how they might feel. They may also visualize the challenging parts of their race.

Another technique is self-talk. Negative thoughts can reduce confidence, and this happens to everyone, even the greatest athletes. However, they have learned techniques to overcome them, literally by talking to themselves. This can have a surprising effect on performances. Top athletes are often heard saying, "You've got this" or "I can do this." It helps them control anxiety, build confidence, and maintain focus. You don't need to say much; use small phrases like "You are ready" or "You are good at this." So, the next time your brain tells you that you can't do something, just tell yourself, "I can." These skills are not only applied in sports but also in daily life, such as during job interviews or exams. By applying these skills, you can fully prepare yourself.



Indeed, FutureLearn provides a flexible and accessible platform for learning. However, the course is unfacilitated. When I encounter professional concepts, I have to spend more time exploring them on my own. I have developed better self-directed learning skills after this course. Learning might seem like a long and difficult path, but engaging with something I am interested in helps me persevere.

Last but not least, before learning about sports psychology, I was still searching for my dream job. However, after this course, I am certain that I want to become a sports psychologist. I hope to help athletes enhance their confidence and cope with the immense pressure they face to deliver their best performances.



4B CARINA CHAN
CONTRIBUTOR

ONE CITY ONE BOOK



One City One Book (1C1B) is a collaborative initiative by various universities in Hong Kong, aimed at promoting literature among local and international schools last December.

1B Sky Law

I believe that the 1C1B workshop has dramatically helped me understand literature and learn to appreciate it alongside others. During the workshop, many participants actively shared their thoughts about the book that was mentioned, and it was delightful to see people so willing to contribute their insights on becoming a fantastic writer. I enjoy studying literature in any way possible and plan to participate more in these activities.

1C Kaylie Chung

After the 1C1B workshop I attended, I'm pleased to say that I really enjoyed it! As a reading enthusiast, I was quite interested and excited before the workshop began. But guess what? The activities made it even better! What made it so special? The activities related to the book were not only entertaining but also interactive and creative. Who wouldn't love activities like these?

1D Alfred Tong

The 1C1B workshop has been a unique experience for us all. I am eager to attend the next workshop next year. The instructors were very nice to work with. It has cultivated my critical thinking skills, among others. I wish to participate in these events again.



1E Ion Tam

The 1C1B workshop was fascinating for me. We got to discuss the book assigned — Stone. It was very interesting, and I want to continue reading the rest of the book. We got to listen to our peers' opinions and share our own. There was even an art activity that allowed us to delve deeper into the content of the book. Overall, it is a literature-related experience I highly recommend.





2A Kylie Ho

Through the 1C1B workshop, I learned and discovered a new world within literature. I found out that there are many interesting and creative literary works! Literature doesn't really limit you; it invites you to "write" your own new world. How interesting! I really hope to join more workshops in the future! Ten out of ten, I am sure to participate in these events again.

Enriching Through Reading:

THE READING CIRCLE ADVENTURE

2A Sophie Lam

The Reading Circle was simply relaxing yet fascinating. I got to acquire a lot of information about different books and also enjoyed various talks from my classmates. Their sharings fueled my passion for reading and understanding different materials in order to relax and enhance my knowledge. As the saying goes 'A library is like a vast sea of ignorance.', the Reading Circle made me understand the saying, realising that the library is a safe, protective haven for all of us to learn and read.



2C Audrey To

I enjoy participating in the Reading Circle a lot. There were many students sharing their favourite books, ranging from novels, to self-help books which allow new readers to cultivate their interest in reading. We gained a lot of interesting and valuable insights through each others' sharing. Overall, it was a relaxing and educational activity.



2E Ashley Siu

The lunchtime Reading Circle in our College Library was a delightful escape. The stories shared by my fellow students ignited my imagination and deepened my love for literature. It was a joyful and inclusive gathering, where friendships were formed and new perspectives emerged. I am grateful for the transformative power of storytelling and the connections it fostered among us.



MT: Knowing the Digital Library





Today, when the internet is an essential part of our lives, a digital library is needed for our education and learning. We are thrilled that our College has cooperated with a company that helped us set up a digital library app called "Nowbook Digital Library" to provide a better way for students to enjoy and learn.

A digital library is a virtual space where we can access a variety of books, articles, and other resources online easily. It is very useful and helpful, especially for students who need to access a wealth of information on a wide range of topics. Students can even borrow up to five books, and the platform can help them to automatically return the books.

Additionally, there are many types of topics available for students, including science, mathematics, art, philosophy, language, and other interesting topics for students to choose and explore. There is even a section where students can find books related to specific themes, for example, our college's value this year, commitment.

Furthermore, when students click on the book they would like to read, an introduction and information about the book will be provided. They can also choose whether to borrow, preview, or read it online.

It's very easy for students to adapt to using digital library. Students only need to use the search bar to type in keywords or phrases related to the topic they are searching for. Moreover, there is a classification button that, when clicked, displays a variety of topics from which students can efficiently select the one they wish to explore.

In conclusion, by using the digital library, students can enjoy reading and learn from the books, which helps to develop better reading habits.



3C NICOLE LAU
REPORTER



Exploring the World of Books:

City Hall Public Library Visit

3A Lucas Kwok

Visiting the City Hall Public Library was definitely an unforgettable experience.

At first I thought: What would be so special about a library? It's just gonna be a generic library like everywhere else — just books.

But this tour changed my mind. There was so much to see there because there are 8 floors in total. You can find any books you want there – books about dogs, architecture, history… you name it!

If I only had more time to browse around the library, I would've borrowed so many books!





5D Minna Chan

After visiting City Hall Public Library I learned about the knowledge of how a library works every day. Moreover, I've learned about different kinds of libraries, for instance, the district library, Bookmobile, etc. In addition, I have learned about the unique heritage of Hong Kong because City Hall Public Library is a revitalised historic building. Overall, I enjoyed this educational visit.

3A Duncan Tang

The City Hall Public Library experience was definitely something I had never expected.

When seeing photos of the library, asking why a library this big was built may come to mind. I could see where it came from, one may think it's just books and the tedious amount of elevator rides are simply not worth it.

However, having such a big library also means you have lots of different categories to choose from, love dogs? Sure, here's are a few bookshelves worth of books about it. Love science? Sure, which branch? What I'm saying is if you have an itch of a certain book to read, this library certainly has it — think of it as Costco for books.

Having staircases sticking out in the middle of the ceiling only contributes to this even more, and having a whole floor dedicated to the Basic Law was simply out of this world. Either way, whether you're a history lover, a scholar, or just your average Joe, this library is a place where we could all appreciate and be hooked into.









S.6
ALUMNI SHARING



The College recently organized an alumni sharing session for S.6 students, where several alumni returned to the alma mater to share their past experiences and offer encouraging remarks to S.6 students as they prepare for the biggest exam of their lives.

The alumni said that preparing for the DSE isn't just about how much one has studied, but also about how much of the curriculum one actually understands and one's physical and mental state at the time of the exam. They also shared their own schedules and daily routines during their final preparation period: the study leave. S.6 students were attentive throughout the entire session, as it will be their turn to tackle this challenge in just a few months.

One of the most talked-about ideas in the session is self-discipline. The alumni mentioned that as long as students can refrain from overly long periods of scrolling and relaxation, the path to university will open up for them. The ability to self-control is especially important during the weeks of the study leave period.

Lastly, the sharing alumni all wished the students a bright future and good results in the DSE exam ahead.



5B WOODY LI
CONTRIBUTOR



Less Stress, More Science

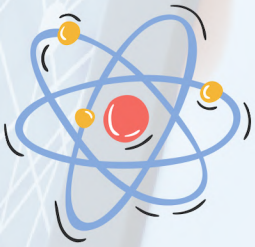
S.4 Integrated Curriculum

I'm currently an S.4 IAL student. It has been a very unique experience studying in the integrated curriculum, with a packed schedule of our core subjects - Mathematics, Physics, Chemistry, and Biology. Back in S.3, there was a variety of subjects I needed to study; there were only a few lessons each week for subjects other than Chinese, English, and Mathematics. Now, I do not have to manage to study so many subjects, and I even have more time for science subjects. However, as we have more lessons for those, we also have to learn more advanced knowledge compared to the local curriculum. It is certainly not easy, but we can comprehend the knowledge better with more time and support from teachers. One very distinctive feature of our curriculum is the less intense course for language subjects - we only have five lessons each week for Chinese and English, respectively. I believe that this allows us to spend more time and effort on our elective subjects, and at the same time have a more comprehensive grasp of knowledge in those subjects.

I think taking the Integrated Curriculum allows me to put more emphasis on science subjects which I am interested in and would like to pursue in my further studies. I also think that studying for the International A-Level exam is less stressful than the local DSE, as we can take the exams by modules at different times, unlike the DSE which examines everything at once. We can also apply flexibly to local universities as we do not have to go through JUPAS, which allocates only one offer to a student.

I am very grateful that HLC offers the Integrated Curriculum to students, and I hope more A-Level subjects can be offered in the near future to continue nurturing students as passionate lifelong digital learners and embracing thriving lives.





4E JAIRUS NG
CONTRIBUTOR



To Fly Your Own Way With Applied Learning: Aviation Studies

In the fields of education, Applied Learning courses are elective subjects within the senior secondary curriculum. We had the wonderful opportunity to interview Gilbert Chan, an S.4 student enrolled in aviation studies.

Gilbert has had an unwavering passion for airplanes ever since his childhood, believing that 'Humans can't fly, but airplanes can provide us wings to soar to the sky.' His fascination with airplanes led him to his pursuit of aviation studies.



During the interview, Gilbert addressed some misconceptions and stereotypes people have about Applied Learning. He was told that Applied Learning was plain and difficult. Some individuals viewed it as a waste of time and decided not to attend those courses. Despite these negative comments, he attended the course and found many differences. Gilbert found Applied Learning an engaging and engrossing course. He managed to balance the workload between Applied Learning and DSE, and therefore he advises aspiring students to equip themselves by spending their time wisely. Sacrificing their weekend relaxation to attend lessons is a must, but perseverance is key to success.



He also highlighted one major difference between Applied Learning and other DSE subjects is the assessment. Different from the traditional examination-oriented curriculum, Applied Learning places considerable emphasis on assignments, practical knowledge and hands-on experience.

While discussing the assessment methods, Gilbert explained that they are mainly assessed with the basic knowledge of airplanes. He shared a unique experience about his assessment about aviation studies which consists of flying a virtual plane on the computer. This innovative approach allowed him to experience the aspects of aviation in a virtual environment.





Regarding his class and teachers, Gilbert shared that his class consists of only 18 students, and his teacher who is a retired flight attendant provides him and his classmates professional guidance. His classes take place in HKU, with each session lasting 3 hours. While he was delighted that one of his classmates from HLC also attended aviation studies with him, he also made friends that had a shared passion for aviation.

Looking back on his journey, he believes that Applied learning made him more inquisitive on aviation studies, and that it may be one of his potential career choices in the future. We ended the interview with him highlighting to always have a positive and light-hearted spirit. 'Taking Applied Learning will continue to expand my knowledge base as long as I invest time and stay committed to Applied Learning,' he expressed, with confidence and devotion.

In conclusion, Gilbert inspires us to follow our dreams. We shouldn't let misconceptions and misunderstood generalizations get in the way of pursuing them. His experience with aviation studies was successful in many ways, demonstrating the value of commitment and the importance of personal interest. Passion is the fuel that propels to great heights, just like an airplane soaring through the sky. Let's be like Gilbert and turn fiery passion into our wings!



2A SOPHIE LAM
REPORTER



#LCian Press

Pumpkin Palooza: Fun and Easy Pumpkin Carving!

Text Message

Today 16:15 PM

Before the activity, I genuinely thought we would make a mess at SAC, but it turned out to be really fun. It allowed me to spend quality time with my friends and helped me create unforgettable memories with my classmates. This is a great opportunity for students to interact with each other.



1A Andrea Fung





Today 16:21 PM

The pumpkin carving activity was both interesting and fun. My teammates and I first discussed the type of face we wanted to create. Then, we carved the top of the pumpkin and scooped out the seeds. The best part was that we could create any face we imagined. Besides being fun, it was also a valuable experience! I learned that teamwork is very important and how to use a knife properly. I will definitely remember this activity forever.



1B Abraham Pang

Pumpkin Palooza: Fun and Easy Pumpkin Carving!

Today 16:25 PM



1B Ryan Fong

A couple of weeks ago, my classmates and I formed a team and worked together to carve the perfect Jack-O'-Lantern. The experience was fantastic. Although our pumpkin wasn't perfectly carved, I had fun working with my teammates. I wonder if we will have another fun experience like this one in the future!





1D Joy Luen

The pumpkin carving event was held during an English lesson. It was far from ordinary; it was a delightful and enjoyable experience. I learnt to cooperate with my group mates, navigating our differing opinions to unite as a team and accomplish the task. Although I wasn't completely satisfied with the result of our jack-o'-lantern, I still greatly enjoyed the experience. Overall, the team spirit and atmosphere were very positive and pleasing. I would relish the opportunity to work with my group mates again, and I hope to perform even better next time there are entertaining events like this.









1E Ion Tam

The pumpkin carving activity was very enjoyable! We got to test out our skills in carving and cooperation. There were several difficulties, such as the pumpkin almost breaking and cutting out the face, but we managed to overcome those obstacles. In short, the pumpkin carving activity was very gratifying and is a good opportunity to make friends!





A Tapestry of Cultures

AFS Intercultural Fair

HLCians, are you interested in studying abroad for a year?

The AFS Intercultural Fair is truly a showcase of cultures from all over the world. It's a platform where these cultures converge, and people from all over the world mingle. This event, held in November, brought together a diverse group of exchange students from several countries, including Germany, Russia, Italy, France, and many more. This fair celebrates the importance of cultural exchange and embraces the concept of global citizenship. It's an opportunity for students to learn, experience, and appreciate other cultures. Cultural exchange broadens our perspectives and challenges our assumptions, fostering unity and diversity.



At the AFS Intercultural Fair, we got to experience the vibrant cultures of Finland, Venezuela, and Brazil. The Finnish booth was full of enchantment with traditional Finnish music playing in the background. The exchange students shared remarkable insights about Finnish berries, coffee addiction, and the country's breathtaking natural beauty. We even played a game of cards! It's definitely my new favorite game. Next, the colorful Venezuela booth immediately caught our attention. The exchange student warmly welcomed us and shared insights into traditional dance. We were mesmerized by the unique accent of the exchange student too! The Brazilian booth had us dancing the samba in no time, and we succeeded in learning some basic dance moves. The fair was a reminder of the importance of understanding cultural differences and connecting with people from different corners of the world.



The AFS Intercultural Fair was an eye-opener for students who crave for cultural immersion overseas. The fair featured an exchange program where local students are given the opportunity to travel and study abroad, allowing them to gain a unique perspective on life and broaden their horizons. Several local students who participated in the exchange program shared their life-changing experiences, emphasizing that they have learned gratitude, perseverance, and other skills that they would have never acquired in a formal classroom setting. Going abroad to study as a student challenges our assumptions and appreciation for the richness and complexity of our shared humanity.

The AFS Intercultural Fair is a testament to the effectiveness of cultural exchange for uniting people from different corners of the globe. It allows us to embrace diversity and gain a deep appreciation of other cultures. Cultural exchange is a transformative experience that can change an individual's life and outlook, instilling in them a powerful sense of global citizenship. I encourage HLCians to take their first step towards cultural exchange, which could be a life-changing opportunity. By embracing diverse cultures and becoming global citizens, we can help make the world a better place.



3E ZAYNAB KOLA
REPORTER



CHRISTMAS PARTY BLISS:
Spreading Holiday Cheer

The most exciting moment of the year has come! The annual Christmas party was held by Nouvelle, our College's Student Union on the 20th December, 2023. The joyous environment in our College was amplified by the students' freedom to wear accessories and dress in various fun costumes. The most remarkable outfit had to be the Christmas tree dressed up by Margaret, the vice chairperson of Nouvelle. She surely brought a lot of joy to the event!





2023 was the first year after the pandemic where the entire College could finally gather together in the hall and enjoy unforgettable performances by some of the best local bands. The atmosphere rose as the bands' performances went on. The small lamps on all of our raised hands hyped up the hall, as well as the exciting Christmas mood!

The Christmas show put on by our students and teachers was definitely another memorable part, particularly the teachers' drama performance and the 'teacher guessing game'. As soon as the photos of our teachers' childhood appeared, everyone got so ecstatic while trying to figure out whom the childhood pictures belong to! Our teachers' Christmas drama started right after the guessing game. All of their hilarious outfits caught us all off guard. Not only was the play's content appealing, but also the amusing energy and facial expressions of our teachers!



This school year's Christmas party was truly delightful and euphoric for everyone. I've never had a better Christmas party than this one! I'm sure our future events will continue to hit a fever pitch!

3C ELISE WONG
REPORTER

4B CHLOE HO
REPORTER











A Day of Positivity

PERMA Day Camp

What do you know about PERMA? How can we bring the knowledge of PERMA into our daily lives?

A day camp was recently held for our peer counsellors to help them learn more about teamwork. All of them gathered to engage in meaningful and exciting cooperation games. Let's take a look!

Accompanied with our friendly teachers and social workers, the peer counsellors completed a game of transmitting messages. Groups were divided to describe the appearance of a toy brick creation, and then the rest were required to form the creation again using the hints and explanations provided by their group mates.

Next up, they enjoyed a game of trust and friendship. The peer counsellors were asked to pass through a highly held hula hoop. To complete the task, they helped everyone pass through by lifting up each other. It was such a great chance to coordinate with each other and express different opinions!

Various activities were designed for the peer counsellors to release their pressure and enjoy time with their friends. Most importantly, the message of PERMA has been successfully promoted. I'm sure they must have gotten a better understanding of positive emotions and relationships too!

4B CHLOE HO
REPORTER







A Beginner's Guide to Elective Selection

Choosing the most suitable elective for yourself is a crucial step before entering senior secondary education, yet what subjects to choose can be confusing for a lot of junior form students. We are glad to have 4A Kimberly Chang, a Chinese History, BAFS, and Economics student, to clear the fog for us!

Why did you choose Chinese History, BAFS, and Economics?



Kimberly: I chose Chinese history because I find it intriguing to learn about things and events of the past. The more you explore history, the more differences between then and now you discover. While I also have a profound interest in knowing more about how a business works. I decided to choose BAFS and Economics as my electives.

Are these subjects challenging for you?



Kimberly: Out of the three electives I chose, Economics is the most challenging for me. As the concepts are kind of abstract for me, it took me some time to fully understand them thoroughly.

Could you walk us through the process of choosing your electives? Do you have any tips for S.3 HLCians?

Kimberly: If you are concerned about how to choose your electives, I suggest you choose subjects that you can handle. Interest is another factor you should take into account. If you do not like the subject, you will have a tough time in senior form and eventually withdraw from the subject. I believe that these three electives I chose suit me best and I am thankful for that.

Here are some tips and tricks we can learn from Kimberly's journey to help us get started on the idea of electives

1. Understand your interests

Knowing what you like and want to study is important as you will need to study that course for the next 3 years. Do keep in mind that achieving high marks does not equal having interest in that subject.

2. Take reference from university acceptance requirements

Other than your interests, you may also want to consider what your ideal course in university requires. If you would like to study literature, then choosing literature subjects may be required in S.3 in order to apply later on. A good way to know what courses are available and their requirements is from the JUPAS website, where you can find the courses that Hong Kong universities offer.



3. Consider future career path

Your future job is also an important factor you need to consider when choosing electives. For instance, if you would like to be an engineer, then you must take Physics. Therefore, take your aspirations into account and plan ahead!





3A EASON TANG
REPORTER



Congratulations

AWARDS LIST

2023 INTERNATIONAL SPEECH COMPETITION

CHAMPION
3E 07 KOLA ZAYNAB

WORLD OUTSTANDING STUDENT DIRECTORY (ASIA)
3E 07 KOLA ZAYNAB

POETRY REMAKE 22/23

COMMENDABLE AWARD
6A 09 LI SIU YEUNG

GOOD PEOPLE GOOD DEED

SILVER AWARD
3E 07 KOLA ZAYNAB

JOHN LUKE INSTITUE COMMENDATION
3A 25 TANG YAT SUM EASON

INTERNATIONAL CHEMISTRY QUIZ

HIGH DISTINCTION
4E 18 MAN TIN LAM IAN

DISTINCTION
4B 28 WU KA HIM
4E 06 LOK HIU YING
4E 10 CHEUNG CHIN HO
4E 12 CHOW YAT
4E 13 HO KAR SHING
4E 18 MAN TIN LAM IAN
4E 19 NG KWOK YU JAIRUS
6E 06 CHAN WING CHAK
6E 07 CHAN YI MAN

HKFYG "EASY VOLUNTEER"

SILVER AWARD
6D 17 WONG WING MAN

BRONZE AWARD
6D 14 SUEN KA WAI

TOURISM COMMISSION & THE HKFYG HONG KONG YOUTH AMBASSADOR SCHEME

SILVER MEDAL
6D 17 WONG WING MAN

BRONZE MEDAL
6D 14 SUEN KA WAI

2023 亞太才藝舞蹈精英杯（澳門站）

中國舞 單人 金獎
2E 17 TSANG YIN NING

第四屆粵港澳大灣區青少年藝術展演（中國·香港）賽區

舞蹈類 兒童A 組 一等獎
2E 17 TSANG YIN NING

舞蹈類 少年A 組 一等獎
2E 17 TSANG YIN NING

HONG KONG YOUNG TALENT MUSIC COMPETITION (SEASON18)

PIANO SOLO - CHAMPION
1E 33 WONG WAI HEI RAY

ASAA MUSIC COMPETITION 2023 PIANO SOLO - GOLD AWARD

1E 33 WONG WAI HEI RAY

THE 10TH HONG KONG INTERNATIONAL MUSIC FESTIVAL

DOUBLE BASS SOLO - FOURTH PLACE
2C 08 LAU CHING

Congratulations

AWARDS LIST

第十二屆<新聲盃> 全港中樂獨奏比賽2023
拉弦組C 高級組第一名
2C 08 LAU CHING

HONG KONG JOINT SCHOOL MUSIC FESTIVAL

SECONDARY SCHOOL(PIANO SOLO) - INTERMEDIATE

SILVER AWARD
2C 15 TSANG TSZ CHING REENIE

SECONDARY SCHOOL(PIANO SOLO) - JUNIOR

GOLD AWARD
2D 02 CHOI CHEUK YI STEFANIA

SECONDARY SCHOOL(VIOLIN SOLO) - SENIOR

BRONZE AWARD
6B 22 TSOI YIN HEI

YOUTH ARTS FESTIVAL BY MA ON SHAN YOUTH ASSOCIATION

CHAMPION
3D 10 PANG SUET LAM

2023年幸福西湖杯擊劍大師賽系列賽
中國擊劍協會C級認證賽事

U14 男子佩劍 個人賽第三名

2A 28 LEE CHI YIN ANDREW

HKSSF INTER-SCHOOL FENCING COMPETITION

GIRLS A GRADE EPEE
5D 13 NG KEI YIN YAKI

GIRLS C GRADE EPEE
1E 01 CHAN YUEN KI NADIA

2023年全國青少年空手道系列賽(廣東站)
U15 男子個人型第二名
3E 15 HONG CHEUK WA

2023年全國青少年空手道系列賽總決賽
U15 男子個人型第三名
3E 15 HONG CHEUK WA

INTER-SCHOOLL ATHLETICS COMPETITION 2023-2024
GRADE C GIRLS HIGH JUMP SECOND
1B 03 CHEUNG HOI KI

GRADE C GIRLS 4X400M RELAY THIRD
2A 09 LEUNG WING TUNG
2C 01 CHEUNG HOI TING
2C 04 FUNG SHEUNG YIN
2E 18 YUE HIU SZE

GRADE C OVERALL SIXTH

GRADE C BOYS LONG JUMP CHAMPION
2A 21 CHOW CRAIG

GRADE C BOYS 4X100M RELAY THIRD
2A 21 CHOW CRAIG
2A 31 TSOI TIK KAN
2B 21 KWOK CHUN YIN
2D 29 YUE SHING HEI

GRADE C BOYS OVERALL FIFTH

GRADE C GIRLS LONG JUMP FOURTH
2B 03 CHENG TING YU

INTER-SCHOOL CROSS-COUNTRY COMPETITION 2023-2024
BOYS C GRADE FIFTH
1C 30 TSANG PUI YEUNG
1C 28 NG NGO YIN
2A 21 CHOW CRAIG
2B 26 WONG MING HEI
2B 11 CHAN HO FUNG
2C 23 LAW YAT CHUN
2E 22 CHIN PAK HIM

Congratulations

AWARDS LIST

2022-2023 READING EXCELLENCE AWARD PROGRAMME ACHIEVERS

2A 01 CHAN CHUNG MAN
2A 03 FONG ZI YU JOEY
2A 07 LAM MAN HUEN
2A 21 CHOW CRAIG
2A 23 CHUNG PAK MING
2A 26 LAI TSUN HIM
2A 32 WU JACKSON
2B 15 CHENG LOK HIN
2B 16 CHU CHIT HANG STEVEN
2C 07 LAM TSZ YIN
2C 08 LAU CHING
2C 09 LEE HEY YUE
2C 14 TO MAN TSUN AUDREY
2C 18 YEE SZ MIU
2D 05 KWOK HONG CHING
2D 06 LEE ALENA MAYA
2D 28 YUE PAK KIU MATTHEW
2E 14 LO WING YAU
2E 15 SIU KA YEE ASHLEY
2E 23 CHOI CHEUK HIN
2E 26 FUNG LAP WAI
2E 29 LAM CHAK FUNG
3A 12 TANG HIU CHING
3A 17 CHOI PAK CHUN
3A 19 KWOK TSZ YAU
3A 24 TANG HO LIM
3A 25 TANG YAT SUM EASON
3C 07 LAU ON TING
3E 01 CHAN LOK HEI
3E 07 KOLA ZAYNAB
3E 11 WAN SZE WING
3E 19 LEUNG PUN LAP
3E 20 LO TSZ HIM
3E 26 YUNG KING CHIT

SCHOLAR

2C 21 DA MING CHAK

PERMA PHOTOGRAPHY COMPETITION 23-24 WINNER

2A 18 CHAN TO
1E 10 MOK YAN TON CHLOE
1E 09 LUI VALERIE TSZ WING

STUDENTS' CHOICE AWARD

1E 12 WEI HOI KI

智愛學習中文平台
優秀學員獎(10月)

1E 17 GUO BAOCHANG
1B 15 CHENG CHI SHUN
2D 19 IP SHING CHAK
2E 16 TSANG HUI YI
2E 14 LO WING YAU

班際閱讀獎(10月)

2C1
2C6
2C7

優秀學員獎(11月)

1C 06 KWAN TIN YI
1E 17 GUO BAOCHANG
1B 15 CHENG CHI SHUN
2D 01 CHAN YUEN KEI
2D 09 MENG ANNIE
2E 21 CHAN TSE FUNG

最佳進步獎(11月)

1C6KWAN TIN YI

班際閱讀獎(11月)

1C1
2C1
2C6

優秀學員獎(12月)

1C 06 KWAN TIN YI

1E 17 GUO BAOCHANG

4D 28 YEUNG CHUN NAM CURTIS

班際閱讀獎(12月)

1C4
2C6
4B

九月及十月十大借閱率學生龍虎榜

1E 04 HSU NGA SHUN
1D 11 WONG ANNA CHI LAM
3D 18 HSU KA MING
2B 16 CHU CHIT HANG STEVEN
1D 03 CHIU TSZ YAU
1B 15 CHENG CHI SHUN
1B 21 HA PAK HEI
1D 04 HON SUM YI
1B 10 SHEN ZICHEN
5B 02 FAN HEI YIN











